### Python Programming – Day 3

# For Loops in Python

## What is a For Loop?

A for loop is used to repeat a block of code multiple times. It is often used to go through (iterate) a sequence such as a list, string, or range of numbers.

Syntax:

for variable in sequence:

# code to execute

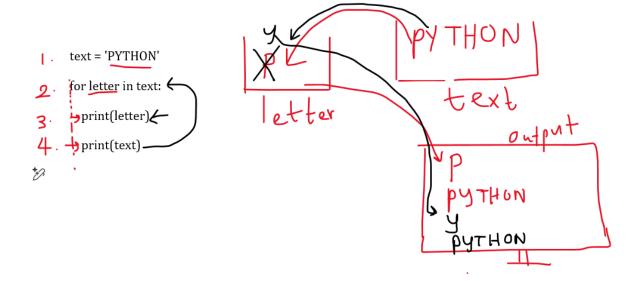
#### Example 1: Print numbers from 1 to 5

```
for i in range(1, 6):
    print(i)
```

The loop runs from 1 to 5 because range(1, 6) stops before 6.

### Example 2: Print each letter in a word

```
for letter in 'PYTHON':
    print(letter)
```



Loops through each character in the string 'PYTHON'.

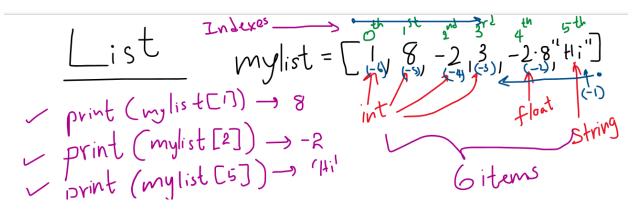
#### Example 3: Print numbers with a step of 2

```
for i in range(0, 10, 2):
    print(i)
```

range(start, stop, step) prints 0, 2, 4, 6, 8.

#### Example 4: Loop through a list

```
fruits = ['Apple', 'Banana', 'Cherry']
for fruit in fruits:
    print('I like', fruit)
```



Goes through each item in the list and prints it.

#### Example 5: Sum of first 5 numbers

```
total = 0
for i in range(1, 6):
    total = total + i
print('Total =', total)
```

Adds up numbers 1 + 2 + 3 + 4 + 5 = 15.

